










# March 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Room Abbreviation Key:</b>  <b>AR</b> 2<sup>nd</sup> Floor    <b>FD</b> Front Desk            Art Room    <b>L</b> 2<sup>nd</sup> Floor Lounge  <b>C</b> Café    <b>PDR</b> 2nd Floor Private  <b>CA</b> Card Alley    Dining Room  <b>CR</b> Cypress Room    <b>RR</b> 1<sup>st</sup> Floor Recreation Room  <b>CTYD</b> Courtyard    <b>SR</b> Sycamore Room</p> <p>Staff: <b>DK</b> Deborah King    <b>JF</b> Joann Ferrara  <b>DA</b> Donovan Abreu</p> <p><b>Activities are Subject to Change</b>            For questions contact            Deborah King, Director of Activities x119</p>	<p><b>WEEKLY TABLE GAMES</b></p> <p><b>Backgammon Lessons (George Babakian)</b>            Fridays: 2:15 pm</p> <p><b>Bridge (George and Harry)</b>            Daily: 2:15 pm</p> <p><b>Poker (Shirley and Anita)</b>            Mondays &amp; Thursdays: 2:15 pm</p> <p><b>Rummikub and Scrabble (DK)</b>            Daily: 2:15 pm</p>	<p>Willow Towers Beauty Salon</p> <p>The Salon is Open            Wednesdays and Fridays            9:00 am – 3:00 pm</p>  <p>The Barber Shop is Open            Wednesdays 9:00 am – 3:00 pm</p>	<p><b>New at Willow Towers</b></p> <p><b>IPad Academy</b></p>  <p>Willow Towers activity staff and students from local colleges provide tutoring and skill building on the iPads.</p>	<p><b>1 HAPPY PURIM/ENTERTAINMENT TRIP</b></p> <p>10:00 Gourmet Cooking Class (JF)-C             10:15 Great Courses (DK)-L            11:00 Yiddish (Rena)-CR            11:15 Morning Stretch and Meditation (DK)-L            2:15 Purim Party. Reading of the Megillah. Bring your noise makers. Hamentashen by Chef David. (DK)-SR            3:30 ENTERTAINMENT: Morton Hertz. Guitar and Vocals. Celebrate Purim (DK)-SR            3:00 Holy Communion (Carol, Carol, Eucharistic Minister)-L            3:30 Holy Rosary (Tony)-L            3:30 TRIP: CVS (JF)-FD            4:00 Fitness for Life (Jerome)-SR            7:15 Movie (Concierge)-C</p>	<p><b>2</b></p> <p>8:40 Holy Communion (Deacon McQuaid)-SR            10:15 Coffee and Conversation (JF)-C            10:15 iPad Academy (DA)-Library            11:00 Fitness for Life (Jerome)-SR            11:00 Trivia (DA)-C            2:00 Matinee Movie (DK)-L            2:15 Brain Fitness: New York Times Crossword Puzzle (JF)-C            2:15 Current Events (DA)-L            3:15 Funny Jokes and Anecdotes (DA)-L            3:45 Shabbat Service (Cantor Alcott)-SR            3:45 Stations of the Cross (Tony)-PDR            4:15 iPad Assistance (DA)-Library            7:15 Movie (Concierge)-C</p>	<p><b>3</b></p> <p>10:00 Music Together (Jean)-CR            10:15 Science Series (JF)-C            10:15 iPad Academy (DA)-Library            11:15 Current Events (JF)-C            11:15 Brain Fitness: Trivia (DA)-CR            2:15 Brain Fitness: New York Times Crossword Puzzle (JF)-C            2:15 iPad Academy (DA)-Library            2:15 Fitness for Life (Victoria)-SR            3:30 Great Courses (JF)-L            3:30 Happy Hour (JF)-SR            3:45 BINGO (JF)-SR            7:15 Movie (Concierge)-C</p>
<p><b>4 ENTERTAINMENT/ OSCAR NIGHT PARTY</b></p> <p>10:15 Catholic Mass (Televised)-CR            10:15 Brain Fitness: BIG Word Game (DA)-C            11:00 Lifelong Learning: Tai Chi (Arnold)-L            11:00 iPad Academy (DA)-Library            2:15 Current Events (DK)-L             2:15 Sundaes on Sunday (DA)-C            2:15 Comedy Hour (DA)-C            3:30 ENTERTAINMENT: Dance Performance and Show Tunes (Heidi Harger)-SR            4:30 TED Talks (DK)-C            7:15 Oscar Night Party (DK)-CR            Watch the Oscars with friends and refreshments!</p>	<p><b>5</b></p> <p>10:15 Community Service Club (DK)-C            10:15 World War II Discussion Group (DA)-L            11:00 IPAD Academy (DA)-Library            11:00 Lifelong Learning: Tai Chi (Arnold)-L            2:15 United States Presidential Trivia (Albert Fields, Willow Towers Resident)-L            2:15 Funny Jokes and Anecdotes (DA)-C            3:15 Creative Arts: Stenciling (DK)-AR            3:15 Current Events (DA)-L            4:00 Fitness for Life (Jerome)-SR            4:00 iPad Academy (DA)-Library            7:15 Movie (Concierge)-C</p>	<p><b>6 RESIDENT ACTIVITY MEETING</b></p> <p>10:15 Catholic Mass (Father Ferdinand)-L            10:15 This Day in History (JF)-C            10:45 Current Events (DK)-L            11:00 Morning Stretch Exercises (DK)-L            11:15 Knitting and Crocheting (JF)-C            2:30 Resident Activity Meeting (DK)-SR            3:30 Women's Club (JF)-PDR            3:45 Creative Arts: Dance (Ali)-SR            7:15 Movie (Concierge)-C</p>	<p><b>7 MASSAGE THERAPY</b></p> <p>10:15 Current Events (JF)-C            10:15 All Around Fitness (DK)-CR            11:00 Lifelong Learning: Tai Chi (Arnold)-SR            11:15 Brain Fitness: New York Times Spelling Bee (JF)-C            2:15 Travel Talk (DK)-L            2:30 -4:30 Massage Therapy (Verna)-AR            2:30 SPECIAL GUEST: Isaac Young Middle School Introduction to Spanish (DK)-SR            3:30 Book Club (DK)-L            3:30 Men's Club (JF)-PDR            7:15 Movie (Concierge)-C</p>	<p><b>8</b></p> <p>10:00 Gourmet Cooking Class (JF)-C            10:15 Great Courses (DK)-L            11:00 Yiddish (Rena)-CR            11:15 Morning Stretch and Meditation (DK)-L            2:15 Funny Jokes and Anecdotes (DK)-L            2:15 Brain Fitness: New York Times Crossword Puzzle (JF)-C            3:00 Holy Communion (Carol, Eucharistic Minister)-L            3:30 Holy Rosary (Tony)-L            3:30 TRIP: CVS (JF)-FD            4:00 Fitness for Life (Jerome)-SR            7:15 Movie (Concierge)-C</p>	<p><b>9</b></p> <p>10:15 Coffee and Conversation (JF)-C            10:15 iPad Academy (DA)-Library            11:00 Fitness for Life (Jerome)-SR            11:15 Trivia (DA)-C            2:00 Matinee Movie (DK)-L            2:15 Brain Fitness: New York Times Crossword Puzzle (JF)-C            2:15 Drummung (David)-SR            3:15 Funny Jokes and Anecdotes (DA)-L            3:45 Shabbat Service (Cantor Alcott)-SR            3:45 Stations of the Cross (Tony)-PDR            4:15 iPad Academy (DA)-Library            7:15 Movie (Concierge)-C</p>	<p><b>10</b></p> <p>10:00 Music Together (Jean)-CR            10:15 Science Series (JF)-C            10:15 iPad Academy (DA)-Library            11:15 Current Events (JF)-C            11:15 Brain Fitness: Trivia (DA)-CR            2:15 Brain Fitness: New York Times Crossword Puzzle (JF)-C            2:15 iPad Academy (DA)-Library            2:15 Fitness for Life (Victoria)-SR            3:30 Great Courses (JF)-L            3:30 Happy Hour (JF)-SR            3:45 BINGO (JF)-SR            7:15 Movie (Concierge)-C</p>
<p><b>11 ENTERTAINMENT</b>  <b>DAYLIGHT SAVINGS TIME BEGINS AT 2:00 AM</b></p> <p>10:15 Catholic Mass (Televised)-CR            10:15 Brain Fitness: BIG Word Game (DA)-L            11:00 Lifelong Learning: Tai Chi (Arnold)-L            11:00 iPad Academy (DA)-Library            2:15 Current Events (DK)-L            2:15 Sundaes on Sunday (DA)-C            2:15 Comedy Hour (DA)-C            3:30 ENTERTAINMENT – The Poperatics, Singing Group and Piano (DK) SR            4:30 TED Talks (DK)-C            7:15 Movie (Concierge)-C</p>	<p><b>12</b></p> <p>10:15 SPECIAL GUEST: Debate on World Issues (Ralph Cohen)-CR            10:15 IPAD Academy (DA)-Library            11:00 Trivial Pursuit (DA)-C            11:00 Lifelong Learning: Tai Chi (Arnold)-L            2:15 United States Presidential Trivia (Albert Fields, Willow Towers Resident)-L            2:15 Table Games (DA)-AR            3:15 Creative Arts: Mosaics (DK)-AR            3:15 Current Events (DA)-CR            4:00 Fitness for Life (Jerome)-SR            4:00 iPad Academy (DA)-Library            7:15 Movie (Concierge)-C</p>	<p><b>13</b></p> <p>10:15 Catholic Mass (Father Ferdinand)-L            10:15 SPECIAL GUEST Poetry Group (Sarah Poland, Jewish Educator, Westchester Jewish Community Services)-SR            11:00 Morning Stretch Exercises (DK)-L            11:15 Knitting and Crocheting (JF)-C            2:15 BINGO (JF)-SR            2:15 Brain Fitness: Trivia about famous landmarks (DK)-C            3:30 Women's Club (JF)-CR            3:30 All Around Fitness (DK)-SR            7:15 Movie (Concierge)-C</p>	<p><b>14</b></p> <p>10:15 Current Events (JF)-C            10:15 SPECIAL GUEST Art Talk (DK)-CR            Art showing and discussion by Alice Krauss, Curator at the Bruce Museum in Greenwich, CT.            11:00 Lifelong Learning: Tai Chi (Arnold)-SR            11:15 Brain Fitness: New York Times Spelling Bee (JF)-C            2:15 Travel Talk (DK)-C            2:30 SPECIAL GUEST: Isaac Young Middle School (DK)-L            St. Patrick's Day Art            3:30 Men's Club (JF)-PDR            3:30 Book Club (DK)-L            7:15 Movie (Concierge)-C</p>	<p><b>15 ENTERTAINMENT</b>  <b>ST. PATRICK'S DAY CONCERT</b></p> <p>10:15 Irish Limericks (DK)-C            11:00 ENTERTAINMENT: St. Patrick's Day Concert: Terence Feely, Accordion, Guitar and Vocals (DK)-SR            2:15 Current Events (JF)-C            2:15 Brain Fitness: New York Times Crossword Puzzle (JF)-C            3:00 Holy Communion (Carol, Eucharistic Minister)-L             3:30 Holy Rosary (Tony)-L            3:30 TRIP: CVS (JF)-FD            4:00 Fitness for Life (Jerome)-SR            7:15 Movie (Concierge)-C</p>	<p><b>16</b></p> <p>10:15 Coffee and Conversation (JF)-C            10:15 iPad Academy (DA)-Library            11:00 Fitness for Life (Jerome)-SR            11:15 Sports Talk (DA)-L            2:00 Matinee Movie (DA)-L            2:15 Brain Fitness: New York Times Crossword Puzzle (JF)-C            2:15 Current Events (DA)-L            3:15 Funny Jokes and Anecdotes (DA)-L            3:45 Shabbat Service (Cantor Alcott)-SR            3:45 Stations of the Cross (Tony)-PDR            4:15 iPad Academy (DA)-Library            7:15 Movie (Concierge)-C</p>	<p><b>17 HAPPY ST. PATRICK'S DAY</b> </p> <p>10:00 Music Together (Jean)-CR            St. Patrick's day Sing Along            10:15 iPad Academy (DA)-Library            11:00 Televised St. Patrick's Day Parade (JF)-C            11:15 Trivia: Irish Culture (DA)-CR            2:15 Brain Fitness: New York Times Crossword Puzzle (JF)-C            2:15 iPad Academy (DA)-Library            3:30 BINGO St. Patrick's Day Style (JF &amp; DA)-SR            Irish coffee, ale, refreshments and Irish soda bread will be served. (JF)-SR            4:30 iPad Assistance (DA)-Library            7:15 Movie (Concierge)-C</p>
<p><b>18 ENTERTAINMENT</b></p> <p>10:15 Catholic Mass (Televised)-CR            10:15 Brain Fitness: BIG Word Game (DA)-C            11:00 Lifelong Learning: Tai Chi (Arnold)-L            11:00 iPad Academy (DA)-Library            2:15 Current Events (DK)-L            2:15 Comedy Hour (DA)-C            2:15 Sundaes on Sunday (DA)-C            3:30 ENTERTAINMENT: Howard Smith, Cellist (DK)-SR            4:30 TED Talks (DK)-C            7:15 Movie (Concierge)-C</p>	<p><b>19</b></p> <p>10:15 Belly Dancing (Sue)-C            10:15 World War II Discussion Group (DA)-L            11:00 IPAD Academy (DA)-Library            11:00 Lifelong Learning: Tai Chi (Arnold)-L            2:15 United States Presidential Trivia (Albert Fields, Willow Towers Resident)-L            2:15 Table Games (DA)-AR            3:15 Creative Arts: Modern Art Designs (DK)-AR            3:15 Current Events (DA)-CR            4:00 Fitness for Life (Jerome)-SR            4:00 iPad Academy (DA)-Library            7:15 Movie (Concierge)-C</p>	<p><b>20 THE FIRST DAY OF SPRING DINING OUT CLUB TRIP</b></p> <p>10:15 Catholic Mass (Father Ferdinand)-L            10:15 This Day in History (JF)-C            11:00 Morning Stretch Exercises (DK)-L            11:00 Current Events (JF)-C            11:30 Dining Out Club Trip (JF)-FD            Restaurant to Be Announced            2:15 Horticulture: Pot Spring Flowers (DK)-C            2:15 BINGO (JF)-SR            3:30 Women's Club (JF)-PDR            3:45 Creative Arts: Dance (Ali)-SR            7:15 Movie (Concierge)-C</p>	<p><b>21 MASSAGE THERAPY</b></p> <p>10:15 Coffee and Conversation (JF)-C            10:15 Morning Stretch Exercises (DK)-SR            11:00 Lifelong Learning: Tai Chi (Arnold)-L            11:15 Brain Fitness: New York Times Spelling Bee (JF)-C            2:30 -4:30 Massage Therapy (Verna)-AR            2:15 Knitting and Crocheting (DK)-C            2:15 Famous Trademarks (DA)-SR            3:30 Men's Club (JF)-PDR            3:30 Book Club (DK)-L            7:15 Movie (Concierge)-C</p>	<p><b>22 TRIP</b></p> <p>10:15 Gourmet Cooking Class (DK)-C            10:15 Great Courses (DK)-L            11:00 Yiddish (Rena)-CR            11:15 Morning Stretch and Meditation (DK)-L            2:15 Afternoon Stretch and Relaxation (DK)-L            2:15 Brain Fitness: New York Times Crossword Puzzle (JF)-C            3:00 Holy Communion (Carol, Eucharistic Minister)-L            3:30 Holy Rosary (Tony)-L            3:30 TRIP: CVS (JF)-FD            4:00 Fitness for Life (Jerome)-SR            7:15 Movie (Concierge)-C</p>	<p><b>23</b></p> <p>10:15 Coffee and Conversation (JF)-C            10:15 iPad Academy (DA)-Library            11:00 Fitness for Life (Jerome)-SR            11:15 Trivia (DA)-L            2:00 Matinee Movie (DA)-L            2:15 Brain Fitness: New York Times Crossword Puzzle (JF)-C            2:15 Current Events (DA)-L            3:15 Funny Jokes and Anecdotes (DA)-L            3:45 Shabbat Service (Cantor Alcott)-SR            3:45 Stations of the Cross (Tony)-PDR            4:15 iPad Academy (DA)-Library            7:15 Movie (Concierge)-C</p>	<p><b>24</b></p> <p>10:00 Music Together (Jean)-CR            10:15 Science Series (JF)-C            10:15 iPad Academy (DA)-Library            11:15 Current Events (JF)-C            11:15 Brain Fitness: Trivia (DA)-CR            2:15 Brain Fitness: New York Times Crossword Puzzle (JF)-C            2:15 Fitness for Life (Victoria)-SR            3:15 Great Courses (JF)-L            3:30 Happy Hour (JF)-SR            3:45 BINGO (JF)-SR            7:15 Movie (Concierge)-C</p>
<p><b>25 PALM SUNDAY</b> </p> <p>10:15 Catholic Mass (Televised)-CR            10:15 Brain Fitness: World Geography (DK)-C            11:00 Lifelong Learning: Tai Chi (Arnold)-L            11:15 iPad Academy (DA)-Library            2:15 Sundaes on Sunday (DA)-C            2:15 Comedy Hour (DA)-C            2:15 Holy Communion and Distribution of Palms (Sister Barbara)-SR            3:30 ENTERTAINMENT: Elliot Goldberg, Vocals &amp; Keyboard (DK)-SR            4:30 TED Talks (DK)-C            7:15 Movie (Concierge)-C</p>	<p><b>26</b></p> <p>10:15 Community Service Club (DK)-C            10:15 World War II Discussion Group (DA)-L            11:00 IPAD Academy (DA)-Library            11:00 Lifelong Learning: Tai Chi (Arnold)-L            2:15 United States Presidential Trivia (Albert Fields, Willow Towers Resident)-L            2:15 Table Games (DA)-AR            2:15 Creative Arts: Drawing (DK)-AR            3:15 Current Events (DA)-L            4:00 Fitness for Life (Jerome)-SR            4:00 TED Talks (DK)-C            7:15 Movie (Concierge)-C</p>	<p><b>27</b></p> <p>10:15 Catholic Mass (Father Ferdinand)-L            10:15 This Day in History (JF)-C            11:00 Morning Stretch Exercises (DK)-L            11:15 Knitting and Crocheting (JF)-C            2:15 BINGO (JF)-SR            2:15 Brain Fitness: Trivia (DK)-C            3:30 Women's Club (JF)-C            3:45 Creative Arts: Dance (Ali)-SR            7:15 Movie (Concierge)-C</p>	<p><b>28 RESIDENT COUNCIL/ VISITING ARTIST</b></p> <p>10:15 Coffee and Conversation (JF)-C            10:15 Watercolor Painting (Visiting Artist Hilda Demsky)-AR            11:00 Lifelong Learning: Tai Chi (Arnold)-L            11:15 Brain Fitness: New York Times Spelling Bee (JF)-SR            2:30 Resident Council Meeting (Richard)-SR            3:30 Men's Club (JF)-PDR            3:30 Book Club (DK)-L            4:00 Chair Yoga (DK)-SR            7:15 Movie (Concierge)-C</p>	<p><b>29 TRIP</b></p> <p>10:15 Gourmet Cooking Class (Chef David)-C            10:15 Current Events (DK)-L            11:00 Brain Fitness: Sudoku (DK)-L            11:15 Great Courses (DK)-L            2:15 Brain Fitness: New York Times Crossword Puzzle (JF)-C            3:00 Holy Communion (Carol, Eucharistic Minister)-L            3:30 Holy Rosary (Tony)-L            3:30 TRIP: CVS (JF)-FD            4:00 Fitness for Life (Jerome)-SR            7:15 Movie (Concierge)-C</p>	<p><b>30 GOOD FRIDAY</b>  <b>PASSOVER BEGINS AT SUNDOWN</b> </p> <p>10:15 Coffee and Conversation (JF)-C            10:15 iPad Academy (DA)-Library            11:00 Fitness for Life (Jerome)-SR            11:15 Sports Talk (DA)-L            2:00 Matinee Movie (JF)-C            2:15 Brain Fitness: New York Times Crossword Puzzle (JF)-SR            2:15 iPad Academy (DA)-Library            3:45 Shabbat Service (Morton Hertz)-SR            3:45 Stations of the Cross (Tony) - PDR            4:00 Comedy Hour (JF)-C            7:15 Movie (Concierge)-C</p>	<p><b>31 PASSOVER</b> </p> <p>10:00 Music Together (Jean)-CR            10:15 Science Series (JF)-C            10:15 iPad Academy (DA)-Library            11:15 Current Events (JF)-C            11:15 Brain Fitness: Trivia (DA)-CR            2:15 Brain Fitness: New York Times Crossword Puzzle (JF)-C            2:15 Fitness for Life (Victoria)-SR            2:15 iPad Academy (DA)-Library            3:15 Great Courses (JF)-L            3:30 Happy Hour (JF)-SR            4:00 Passover Seder (Rob Silverbush, Cantorial Soloist)-SR            7:15 Movie (Concierge)-C</p>