

October 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Room Abbreviation Key: AR 2nd Floor Art Room C Café CA Card Alley CR Cypress Room CTYD Courtyard FD Front Desk L 2nd Floor Lounge LR Living Room PDR 2nd Floor Private Dining Room RR 1st Floor Recreation Room SR Sycamore Room Staff: DK Deborah King JF Joann Ferrara DA Donovan DeAbreu Activities are Subject to Change For questions contact Deborah King, Director of Activities x119</p>	<p>1 SUKKOT/YIZKOR 10:15 Coffee and Conversation (DK)-C 10:15 iPad Academy (DA)-Library 11:00 Tai Chi (Arnold, Certified Tai Chi Instructor)-SR 11:15 New York Times Crossword Puzzle (DA)-LR 2:15 Poker (Anita, Willow Towers Resident)-L 2:15 Riddles (DA)-C 3:30 Comedy Classics (DK)-L 3:45 Sukkot/Yizkor Service (Cantor Alcott)-SR 4:00 iPad Academy (DA)-Library 7:15 Movie (Concierge)-C</p>	<p>2 SIMCHAT TORAH/RESIDENT ACTIVITY MEETING WILLOW TOWERS UNIVERSITY 10:15 Catholic Mass (Father Ferdinand)-L 10:15 Discussion Group (Barbara, Jewish Educator, Westchester Jewish Community Services)-SR 11:00 Sing Along (Sarah Hood, Ukulele Player and Vocalist)-LR 11:15 Stretch and Breathing Exercises with Guided Imagery (DK)-L 2:15 Willow Towers University. World War II: Here We Come. Patrick Hardiman, Assistant Professor at Iona College-SR 3:30 Resident Activity Meeting (DK)-SR 3:45 Simchat Torah (Cantor Alcott)-SR 7:15 Movie (Concierge)-C</p>	<p>3 10:15 Music Therapy (Casey Drum, Board Certified Music Therapist)-SR 11:00 Tai Chi (Arnold, Certified Tai Chi Instructor)-SR 11:15 New York Times Spelling Bee (JF)-SR 2:15 Bridge (George, Willow Towers Resident)-SR 2:15 Art Presentation (Alice, Art Educator, the Bruce Museum of Greenwich, CT)-CR 2:30-4:30 Massage Therapy (Verna, Licensed Massage Therapist, Tender Touch for All)-AR 3:30 Book Club (DK)-L 3:30 Men's Club (JF)-PDR 7:15 Movie (Concierge)-C</p>	<p>4 TRIP 10:15 Current Events (DK)-LR 10:15 This Day in History (JF)-C 11:00 Sing Along (Sarah Hood, Ukulele Player and Vocalist)-LR 11:00 Yiddish (Rena Steinfeld, PhD)-CR 2:15 New York Times Crossword Puzzle (JF)-C 2:15 Funny Jokes and Anecdotes (DK)-L 3:30 TRIP: CVS (JF)-FD 3:30 Holy Communion (Carol, Eucharistic Minister)-L 3:45 Holy Rosary (Tony)-L 4:00 Fitness for Life (Jerome)-SR 7:15 Movie (Concierge)-C</p>	<p>5 10:15 Coffee and Conversation (JF)-C 10:15 iPad Academy (DA)-Library 11:00 Fitness for Life (Jerome)-SR 11:15 Brainteasers and Riddles (DA)-C 2:15 Matinee Movie (JF)-CR 2:15 Poker (Anita, Willow Towers Resident)-L 3:15 Riddles and Laughter (DA)-CA 3:45 Shabbat Service (Morton Hertz)-SR 3:45 Stations of the Cross (Tony)-PDR 4:00 New York Times Crossword Puzzle (JF)-C 4:15 iPad Academy (DA)-Library 7:15 Movie (Concierge)-C</p>	<p>6 10:00 Music Together (Jean)-CR 10:15 iPad Academy (DA)-Library 11:15 Coffee and Conversation (JF)-C 11:15 Trivia (DA)-CR 2:15 New York Times Crossword Puzzle (JF)-C 2:30 Fitness for Life (Victoria)-SR 3:30 Great Courses (JF)-C 3:30 Happy Hour (JF)-SR 3:45 BINGO (JF&DA)-SR 7:15 Movie (Concierge)-C</p>
<p>7 CONCERT 10:15 Catholic Mass (Televised)-CR 10:15 Coffee and Conversation (DA)-C 11:00 Tai Chi (Arnold, Certified Tai Chi Instructor) -SR 11:15 iPad Academy (DA)-Library 2:15 Stretch Exercises (DK)-CR 2:15 Gourmet Hot Chocolate Social (DA)-C 2:45 Trivial Pursuit (DA)-C 3:30 Concert: Mila Levine and Susan Mitchell, Vocalist and Violinist. Classical music and popular songs. (DK)-SR 4:30 TED Talks (DK)-C 7:15 Movie (Concierge)-C</p>	<p>8 10:15 Songs and Storytelling with Children (Nora)-SR 10:15 Coffee and Conversation (DK)-C 11:00 Tai Chi (Arnold, Certified Tai Chi Instructor)-SR 11:15 Table Games (DA)-CA 2:15 Poker (Anita, Willow Towers Resident)-L 2:15 Riddles (DA)-C 3:15 iPad Academy (DA)-Library 3:15 Current Events (Maggie Klein, Founder Pelham-PLUS newspaper)-C 4:00 Fitness for Life (Jerome)-SR 4:00 iPad Academy (DA)-Library 7:15 Movie (Concierge)-C</p>	<p>9 ABSENTEE VOTING BOARD OF ELECTIONS 10:00 Absentee Voting, Statewide Offices. The Board of Elections will meet with every resident. 10:15 Catholic Mass (Father Ferdinand)-L 10:15 Coffee and Conversation (JF)-C 11:15 New York Times Spelling Bee (JF)-C 2:15 BINGO (JF)-SR 2:15 Current Events (DK)-C 3:30 Women's Club (JF)-L 3:30 Discussion Group: United States History (DK)-C 4:00 TED Talks (JF)-C 7:15 Movie (Concierge)-C</p>	<p>10 10:15 Coffee and Conversation (DK)-C 10:15 Music Therapy (Casey Drum, Board Certified Music Therapist)-L 11:15 Tai Chi (Arnold, Certified Tai Chi Instructor)-L 11:15 New York Times Spelling Bee (JF)-LR 2:15 Bridge (George, Willow Towers Resident)-SR 2:15 This Day in History (JF)-C 2:15 Afternoon Stretch Exercises (DK)-CR 3:30 Book Club (DK)-L 3:30 Men's Club (JF)-PDR 7:15 Movie (Concierge)-C</p>	<p>11 TRIP 10:15 Gourmet Cooking Class (JF)-C 10:15 Great Courses (JF)-L 11:00 Sing Along (Sarah Hood, Ukulele Player and Vocalist)-LR 11:00 TED Talks (JF)-SR 2:15 Music Appreciation (JF)-RR 2:15 New York Times Crossword Puzzle (JF)-C 3:30 TRIP: CVS (JF)-FD 3:30 Holy Communion (Carol, Eucharistic Minister)-L 3:45 Holy Rosary (Tony)-L 4:00 Fitness for Life (Jerome)-SR 7:15 Movie (Concierge)-C</p>	<p>12 10:15 Coffee and Conversation (JF)-C 10:15 iPad Academy (DA)-Library 11:00 Fitness for Life (Jerome)-SR 11:15 Reminding Group (DA)-C 2:15 Drumming (David Azrach, Trained Facilitator & Consultant)-SR 2:15 Poker (Anita, Willow Towers Resident)-L 3:45 Shabbat Service (Morton Hertz)-SR 3:45 Stations of the Cross (Tony) - PDR 4:00 New York Times Crossword Puzzle (JF)-SR 4:15 iPad Academy (DA)-Library 7:15 Movie (Concierge)-C</p>	<p>13 CONCERT 10:00 Music Together (Jean)-CR 10:15 iPad Academy (DA)-Library 11:15 Coffee and Conversation (JF)-C 11:15 Trivia (DA)-CR 2:15 New York Times Crossword Puzzle (JF)-C 2:15 Fitness for Life (Victoria)-SR 3:30 Great Courses (DA)-C 3:30 Happy Hour (JF)-SR 3:45 BINGO (JF&DA)-SR 7:15 Movie (Concierge)-C</p>
<p>14 CONCERT 10:15 Catholic Mass (Televised)-CR 10:15 BIG Word Game (DA)-L 11:00 Tai Chi (Arnold, Certified Tai Chi Instructor)-L 11:15 iPad Academy (DA)-Library 2:15 Gourmet Hot Chocolate Social (DA)-C 2:15 Stretch Exercises (DK)-CR 2:45 Trivial Pursuit (Donoven)-C 3:30 Concert: David Patterson, Vocals and Keyboard. Music from the 1960s, 70s & 80s. (DK)-SR 4:30 TED Talks (DK)-C 7:15 Movie (Concierge)-C</p>	<p>15 10:15 Belly Dancing (Shayna)-SR 10:15 Coffee and Conversation (DK)-C 11:00 Tai Chi (Arnold, Certified Tai Chi Instructor)-SR 11:15 Table Games (DA)-CA 2:15 Poker (Anita, Willow Towers Resident)-L 2:15 Riddles (DA)-C 3:15 iPad Academy (DA)-CA 3:15 Current Events (Maggie Klein, Founder Pelham-PLUS newspaper)-C 4:00 Fitness for Life (Jerome)-SR 4:00 iPad Academy (DA)-Library 7:15 Movie (Concierge)-C</p>	<p>16 TRIP 10:15 Catholic Mass (Father Ferdinand)-L 10:15 This Day in History (JF)-C 11:00 Sing Along (Sarah Hood, Ukulele Player and Vocalist)-LR 11:30 TRIP: Dining Out Club: Mamma Francesca Restaurant. (JF)-FD 2:15 BINGO (JF)-SR 2:15 iPad Academy (DK)-Library 3:30 Women's Club (JF)-L 3:30 Trivia (DK)-C 4:00 TED Talks (DK)-CR 7:15 Movie (Concierge)-C</p>	<p>17 TRIP/CONCERT 10:15 Music Therapy (Casey Drum, Board Certified Music Therapist)-SR 10:30 TRIP: Westchester Broadway Theater. Matinee Show and Lunch. Phantom. (JF)-FD 11:00 Concert: Broadway Showtunes. Vocals and Piano. The Special Birthday Foundation. (DK)-SR 11:00 Tai Chi (Arnold, Certified Tai Chi Instructor)-SR 2:30-4:30 Massage Therapy (Verna Miller, Licensed Massage Therapist, Tender Touch for All)-AR 2:15 Bridge Game (George, Willow Towers Resident)-SR 2:15 Afternoon Stretch and Meditation (DK)-L 3:30 Book Club (DK)-L 7:15 Movie (Concierge)-C</p>	<p>18 TRIP 10:15 Gourmet Cooking Class (Chef David)-C 10:15 Trivial Pursuit (DK)-LR 11:00 Sing Along (Sarah Hood, Ukulele Player and Vocalist)-LR 11:00 Yiddish (Rena Steinfeld, PhD)-L 2:15 Drumming (David Azrach, Trained Facilitator & Consultant) -SR 3:30 TRIP: CVS (JF)-FD 3:30 Holy Communion (Carol, Eucharistic Minister)-L 3:45 Holy Rosary (Tony)-L 4:00 Fitness for Life (Jerome)-SR 7:15 Movie (Concierge)-C</p>	<p>19 10:15 Coffee and Conversation (JF)-C 10:15 iPad Academy (DA)-Library 11:00 Fitness for Life (Jerome)-SR 11:15 BIG Word Game (JF)-L 2:00 Matinee Movie (DA)-CR 2:15 Poker (Anita, Willow Towers Resident)-L 3:15 Table Games (DA)-L 3:45 Shabbat Service (Cantor Alcott)-SR 3:45 Stations of the Cross (Tony)-PDR 4:00 New York Times Crossword Puzzle (JF)-C 4:15 iPad Academy (DA)-Library 7:15 Movie (Concierge)-C</p>	<p>20 10:00 Music Together (Jean)-CR 10:15 iPad Academy (DA)-Library 11:15 Coffee and Conversation (JF)-C 11:15 Trivia (DA)-CR 2:15 New York Times Crossword Puzzle (JF)-C 2:15 Fitness for Life (Victoria)-SR 3:30 Great Courses (DA)-L 3:30 Happy Hour (JF)-SR 3:45 BINGO (JF&DA)-SR 7:15 Movie (Concierge)-C</p>
<p>21 SPECIAL EVENT: JAZZ PARTY 10:15 Catholic Mass (Televised)-CR 10:15 BIG Word Game (DA)-L 11:00 Tai Chi (Arnold, Certified Tai Chi Instructor)-L 11:15 iPad Academy (DA)-Library 2:15 Stretch Exercises (DK)-CR 2:15 Gourmet Hot Chocolate Social (DA)-C 2:45 Trivial Pursuit (DA)-C 3:30 Concert: Exit 12. An Eclectic Jazz Quintet. Featuring Glenn Babakian. Son of George Babakian, a Willow Towers Resident. (DK)-SR Refreshments will be served. 4:30 TED Talks (DK)-C 7:15 Movie (Concierge)-C</p>	<p>22 10:15 Current Events (DK)-C 10:15 iPad Academy (DA)-Library 11:00 Tai Chi (Arnold, Certified Tai Chi Instructor)-SR 11:15 Table Games (DA)-CA 2:15 Poker (Anita, Willow Towers Resident)-L 2:15 Riddles (DA)-C 3:15 iPad Academy (DA)-CA 3:15 Current Events (Maggie Klein, Founder Pelham-PLUS newspaper)-C 4:00 Fitness for Life (Jerome)-SR 4:00 iPad Academy (DA)-Library 7:15 Movie (Concierge)-C</p>	<p>23 10:15 Catholic Mass (Father Ferdinand)-L 10:15 This Day in History (JF)-C 11:00 Sing Along (Sarah Hood, Ukulele Player and Vocalist)-LR 11:15 All Around Fitness (DK)-SR 2:15 BINGO (JF)-SR 2:15 iPad Academy (DK)-Library 3:30 Women's Club (JF)-L 3:30 Trivia (DK)-C 4:00 TED Talks (DK)-CR 7:15 Movie (Concierge)-C</p>	<p>24 RESIDENT COUNCIL MEETING 9 am - 3 pm Fashion on the GO. Clothing and Accessories. (Shakiba)-CA 10:15 Art Class (Hilda Demsky, Visiting Artist) -C 10:15 Music Therapy (Casey Drum, Board Certified Music Therapist)-SR 11:00 Tai Chi (Arnold, Certified Tai Chi Instructor)-L 11:15 New York Times Spelling Bee (JF)-C 2:30 Resident Council Meeting (Richard)-SR 3:30 Book Club (DK)-L 3:30 Men's Club (JF)-PDR 7:15 Movie (Concierge)-C</p>	<p>25 TRIP 10:15 Current Events (DK)-LR 10:15 This Day in History (JF)-C 11:00 Sing Along (Sarah Hood, Ukulele Player and Vocalist)-LR 11:00 iPad Academy (DK)-Library 2:15 New York Times Crossword Puzzle (JF)-C 2:15 Funny Jokes and Anecdotes (DK)-L 3:30 TRIP: CVS (JF)-FD 3:30 Holy Communion (Carol, Eucharistic Minister)-L 3:45 Holy Rosary (Tony)-L 4:00 Fitness for Life (Jerome)-SR 7:15 Movie (Concierge)-C</p>	<p>26 10:15 Coffee and Conversation (JF)-C 10:15 iPad Academy (DA)-Library 11:00 Fitness for Life (Jerome)-SR 11:15 Brainteasers and Riddles (DA)-C 2:00 Matinee Movie (JF)-CR 2:15 Poker (Anita, Willow Towers Resident)-L 3:15 Table Games (DA)-CA 3:45 Shabbat Service (Cantor Alcott)-SR 3:45 Stations of the Cross (Tony)-PDR 4:00 New York Times Crossword Puzzle (JF)-C 4:15 iPad Academy (DA)-Library 7:15 Movie (Concierge)-C</p>	<p>27 10:00 Music Together (Jean)-CR Halloween party with children from Music Together. 10:15 iPad Academy (DA)-Library 11:15 Coffee and Conversation (JF)-C 11:15 Trivia (DA)-CR 2:15 New York Times Crossword Puzzle (JF)-C 2:15 Fitness for Life (Victoria)-SR 3:30 Great Courses (JF)-L 3:30 Happy Hour (JF)-SR 3:45 BINGO (JF&DA)-SR 7:15 Movie (Concierge)-C</p>
<p>28 CONCERT 10:15 Catholic Mass (Televised)-CR 10:15 BIG Word Game (DA)-C 11:00 Tai Chi (Arnold, Certified Tai Chi Instructor)-L 11:15 iPad Academy (DA)-Library 2:15 Stretch Exercises (DK)-CR 2:15 Gourmet Hot Chocolate Social (DA)-C 3:30 Concert: Frank D'Ambrosio. Vocals. Popular Music. (DK)-SR 4:30 TED Talks (DK)-C 7:15 Movie (Concierge)-C</p>	<p>29 10:15 Coffee and Conversation (DK)-C 11:00 Tai Chi (Arnold, Certified Tai Chi Instructor)-SR 11:15 Table Games (DA)-CA 2:15 Poker (Anita, Willow Towers Resident)-L 2:15 Riddles (DA)-C 3:15 iPad Academy (DA)-CA 3:15 Current Events (Maggie Klein, Founder Pelham-PLUS newspaper)-C 4:00 Fitness for Life (Jerome)-SR 4:00 iPad Academy (DA)-Library 7:15 Movie (Concierge)-C</p>	<p>30 10:15 Catholic Mass (Father Ferdinand)-L 10:15 This Day in History (JF)-C 11:00 Sing Along (Sarah Hood, Ukulele Player and Vocalist)-LR 11:15 All Around Fitness (DK)-SR 2:15 BINGO (JF)-SR 2:15 iPad Academy (DK)-Library 3:30 Women's Club (JF)-L 3:30 Trivia (DK)-C 4:00 TED Talks (DK)-CR 7:15 Movie (Concierge)-C</p>	<p>31 SPECIAL EVENT: HALLOWEEN PARTY 10:15 Coffee and Conversation (JF)-C 11:15 New York Times Spelling Bee (JF)-C 2:30 Halloween BINGO (JF)-SR Students from Isaac Young Middle School will attend. 3:30 Special Event: Halloween Party (DK & JF)-SR Entertainment: Jeannie Claire, Vocalist. Dance Music. Refreshments will be served. Halloween costume contest with students from the Isaac Young middle school. 4:00 TED Talks (JF)-C 7:15 Movie (Concierge)-C</p>	<p>Willow Towers Salon Open every Wednesday & Friday 9:00 am - 3:00 pm  Barber Shop Open every Wednesday 9:00 am - 3:00 pm</p>	<p> Willow Towers has been recognized as a 2018 recipient of the Bronze-Commitment to Quality Award for its commitment to improving the lives of residents through quality care.</p>	