






March 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Room Abbreviation Key: AR 2nd Floor Art Room C Café CA Card Alley CR Cypress Room CTYD Courtyard DK Deborah King SH Sarah Hood FD Front Desk L 2nd Floor Lounge LR Living Room PDR 2nd Floor Private Dining Room RR 1st Floor Recreation Room SR Sycamore Room JF Joanne Ferrara Staff: Deborah King, Joanne Ferrara, Sarah Hood Activities are Subject to Change For questions contact Deborah King, Director of Activities x119</p>	<p>Willow Towers Salon Open every Wednesday & Friday 9:00 am – 3:00 pm</p>  <p>Barber Shop Open every Wednesday 9:00 am – 3:00 pm</p>	<p>MARCH TRIPS Willow Towers Dining Out Club Chat 19 American Grill, New Rochelle, NY Wednesday, March 20, 2019</p> <p>Newsies the Musical Westchester Broadway Theater, Elmsford, NY Thursday, March 28, 2019</p> <p>Weekly trips to CVS</p>			<p>1 10:15 Coffee and Conversation (JF)-C 10:15 Science Series (JF)-CR 11:00 Fitness for Life (Jerome, Certified Personal Trainer)-SR 11:15 Reminiscing Group (JF)-C 2:00 Matinee Movie (JF)-CR 2:15 Poker (Anita, Willow Towers Resident)-L 2:15 Current Events (JF)-C 3:45 Shabbat Service (Cantor Alcott)-SR 3:45 Stations of the Cross (JF)-PDR 4:00 New York Times Crossword Puzzle (JF)-L 7:30 Movie (Concierge)-C</p>	<p>2 10:00 Music Together (Jean, Music Facilitator, Sounds Good Westchester)-CR 10:15 Coffee and Conversation (JF)-C 11:15 Science Series (JF)-CR 11:15 A Mixed Bag of Trivia (JF)-C 11:15 Science Series (JF)-CR 2:15 New York Times Crossword Puzzle (JF)-C 2:15 Music Appreciation (JF)-RR 3:30 Great Courses (JF)-C 3:30 Happy Hour (JF)-SR 3:45 BINGO (JF)-SR 7:30 Movie (Concierge)-C</p>
<p>3 CONCERT 10:15 Catholic Mass (Televised)-CR 10:15 BIG Word Game (DK)-LR 11:00 Tai Chi (Arnold, Certified Tai Chi Instructor)-SR 11:15 iPad Academy (DK)-Library 2:15 Poker (Louise, Willow Towers Resident)-L 2:15 Ice Cream Social (DK)-C 2:15 Fitness for Life (Victoria, Certified Personal Trainer)-SR 2:15 Trivial Pursuit (DK)-LR 3:30 Concert: Frank D'Ambrosio (DK)-SR Vocals. The American Songbook and Popular Songs. 7:30 Movie (Concierge)-C</p>	<p>4 10:15 Coffee and Conversation (DK)-C 10:15 History Series (DK)-CR 11:00 Tai Chi (Arnold)-SR 11:15 Songs and Storytelling with children (Nora)-L 2:15 Poker (Anita)-L 2:15 Resident Ambassador Meeting (Willow Towers Resident Ambassadors and DK)-PDR 3:15 Riddles and Laughter (DK)-L 3:15 Music Appreciation (DK)-C 4:00 Fitness for Life (Jerome)-SR 7:30 Movie (Concierge)-C</p>	<p>5 SPECIAL EVENT: MARDI GRAS RESIDENT ACTIVITY MEETING 10:15 Catholic Mass (Father Ferdinand)-L 10:15 Sing Along (SH)-LR 11:00 Exercise (Gloria, Silver Sneakers Certified Instructor)-SR 11:15 This Day in History (JF)-C 2:00 Oscar Nominated Movie (DK)-CR 2:15 Travel Talk (DK)-C 3:15 United States Presidential Trivia (Albert, Willow Towers Resident)-L 3:30 Women's Club (JF)-PDR 4:00 TED Talks (DK)-CR 7:30 Movie (Concierge)-C</p> 	<p>6 ASH WEDNESDAY RESIDENT ACTIVITY MEETING 10:15 Distribution of Ashes (Father Ferdinand)-L 10:15 Current Events (JF)-C 10:15 Drumming (David, Certified Group Drumming Facilitator) -CR 11:15 Tai Chi (Arnold)-SR 11:15 New York Times Spelling Bee (JF)-C 2:15 Bridge (George, Willow Towers Resident)-L 2:30 Resident Activity Meeting (DK)-SR 3:30 Book Club (DK)-CR 3:30 Men's Club (JF)-PDR 7:30 Movie (Concierge)-C</p>	<p>7 TRIP 10:15 Coffee and Conversation (DK)-C 10:15 Musical Morning (SH)-LR 11:00 Exercise Class (Gloria)-SR 11:15 Community Service Club (DK)-C 2:15 "Rob Goldstone Presents" Classic Movie Series (Rob Goldstone, Willow Towers Resident)-CR 2:15 Current Events (Maggie, Founder Pelham-Plus newspaper)-L 3:30 Trivial Pursuit (DK)-C 3:30 TRIP: CVS (JF)-FD 3:45 Holy Rosary (DK)-L 7:30 Movie (Concierge)-C</p>	<p>8 PRESENTATION 10:15 Presentation: Safety Meeting (Michael Frenza, Director of Security, United Hebrew)-SR 11:00 Fitness for Life (Jerome)-SR 11:15 Reminiscing Group (JF)-C 2:15 Drumming (David) -SR 2:15 Poker (Anita)-L 3:15 Current Events (JF)-C 3:45 Shabbat Service (Cantor Alcott)-SR 3:45 Stations of the Cross (JF)-PDR 4:00 New York Times Crossword Puzzle (JF)-C 7:30 Movie (Concierge)-C</p>	<p>9 10:00 Music Together (Jean)-CR 10:15 Coffee and Conversation (JF)-C 11:15 A Mixed Bag of Trivia (JF)-C 11:15 Science Series (JF)-CR 2:15 New York Times Crossword Puzzle (JF)-C 2:15 Music Appreciation (JF)-RR 3:30 Great Courses (JF)-C 3:30 Happy Hour (JF)-SR 3:45 BINGO (JF)-SR 7:30 Movie (Concierge)-C</p>
<p>10 DAYLIGHT SAVINGS TIME/CONCERT SPECIAL EVENT: HAMANTASHEN BAKE OFF 10:15 Catholic Mass (Televised)-CR 10:15 BIG Word Game (DK)-C 11:00 Tai Chi (Arnold)-L 2:15 Ice Cream Social (DK)-C 2:15 The Great Hamantashen Bake (Rabbi Groner)-SR Everyone is invited to learn how to make hamantashen in preparation for Purim. 4:00 Concert: The Poperatics (DK)-SR Singing Group. Vocals and Piano. 7:30 Movie (Concierge)-C</p>	<p>11 10:15 Belly Dancing (Shayna)-SR 10:15 Coffee and Conversation (DK)-C 11:15 Tai Chi (Arnold)-SR 11:15 Travel Trivia (DK)-C 2:15 Poker (Anita)-L 2:15 Presentation: Healthy Choices (DK)-CR 3:15 Riddles and Laughter (DK)-C 3:15 Famous Artists Series (DK)-CR 4:00 Fitness for Life (Jerome)-SR 7:30 Movie (Concierge)-C</p>	<p>12 10:15 Catholic Mass (Father Ferdinand)-L 10:15 Sing Along (SH)-C 11:00 Exercise (Gloria)-SR 11:15 Travel Talk (SH)-C 2:15 Yiddish (Rena, PhD)-CR 2:15 BINGO (JF)-SR 3:15 United States Presidential Trivia (Albert)-L 3:30 Women's Club (JF)-CR 4:00 TED Talks (DK)-C 7:30 Movie (Concierge)-C</p>	<p>13 TRIP 10:15 Current Events (JF)-C 10:15 Creative Arts: Painting to Music (DK)-AR 11:15 Tai Chi (Arnold)-SR 11:00 TRIP: Dining Out Club (JF)-FD Chat 19, American Grill, New Rochelle, NY. 2:15 Bridge (George)-L 2:15 Health and Wellness (Gloria and DK)-CR 2:15 TED Talks (DK)-C 3:30 Book Club (DK)-L 3:30 Men's Club (JF)-PDR 7:30 Movie (Concierge)-C</p>	<p>14 10:15 Baking Demonstration (Chef David)-C Enjoy Irish soda bread and a cup of Irish tea. 11:00 Exercise Class (Gloria)-SR 11:15 Community Service Club (DK)-C 2:00 "Rob Goldstone Presents" Classic Movie Series (Rob Goldstone)-CR 2:15 Current Events (Maggie)-L 3:30 TRIP: CVS (JF)-FD 3:45 Holy Rosary (DK)-RR 4:00 Health and Wellness (Gloria and DK)-L 7:30 Movie (Concierge)-C</p> 	<p>15 10:15 Coffee and Conversation (DK)-JF 10:15 Science Series (JF)-CR 11:00 Fitness for Life (Jerome)-SR 11:15 Reminiscing Group (JF)-C 2:00 Matinee Movie (JF)-CR 2:15 Poker (Anita)-L 2:15 Current Events (JF)-C 3:15 Riddles and Laughter (JF)-C 3:45 Shabbat Service (Cantor Alcott)-SR 3:45 Stations of the Cross (JF)-PDR 7:30 Movie (Concierge)-C</p>	<p>16 10:00 Music Together (Jean)-CR 10:15 Coffee and Conversation (JF)-C 11:15 A Mixed Bag of Trivia (JF)-C 11:15 Science Series (JF)-CR 2:15 New York Times Crossword Puzzle (JF)-C 2:15 Music Appreciation (JF)-RR 3:30 Great Courses (DK)-CR 3:30 Happy Hour (JF)-SR 3:45 BINGO (JF)-SR 7:30 Movie (Concierge)-C</p>
<p>17 SPECIAL EVENT ST. PATRICK'S DAY PARTY 10:15 Catholic Mass (Televised)-CR 10:15 The St. Patrick's Day Parade (Televised)-C 11:00 Tai Chi (Arnold) - SR 11:15 iPad Academy (DK)-L 2:15 Ice Cream Social (DK)-C 2:30 Special Event: ST. Patrick's Day Party (DK)-SR Irish Soda Bread by Chef David, refreshments, Irish Ale, Dancing and Music. 4:00 Music Appreciation: Andre Reiu in Concert (DK)-C 7:30 Movie (Concierge)-C</p> 	<p>18 10:15 Coffee and Conversation (DK)-C 10:15 History Series (DK)-CR 11:15 Tai Chi (Arnold)-SR 11:15 Sing Along (SH)-L 2:15 Poker (Anita)-L 2:15 iPad Academy (DK)-Library 2:15 Current Events (Maggie)-C 3:15 Music Appreciation (DK)-RR 3:15 Riddles and Laughter (DK)-C 4:00 Fitness for Life (Jerome)-SR 7:30 Movie (Concierge)-C</p>	<p>19 10:15 Catholic Mass (Father Ferdinand)-L 10:15 Sing Along (SH)-LR 11:00 Exercise (Gloria)-SR 11:15 Travel Talk (DK)-C 2:15 Yiddish (Rena)-CR 2:15 United States Presidential Trivia (Albert)-L 3:30 Women's Club (JF)-CR 3:30 The New York Times Science Times (DK)-C 4:00 TED Talks (DK)-CR 7:30 Movie (Concierge)-C</p>	<p>20 PURIM BEGINS AT SUNDOWN HIGH TEA 10:15 Bible Study and Holy Communion (Sister Barbara)-L 10:15 Coffee and Conversation (DK)-C 11:15 Tai Chi (Arnold)-SR 11:15 New York Times Spelling Bee (JF)-LR 2:15 Bridge (George)-L 2:30 Massage Therapy (Vema, Licensed Massage Therapist)-AR 2:30 BINGO (SH)-L 3:00 High Tea (New Residents, Willow Tower Resident Ambassadors and Management Team)-CR 4:00 Current Events (SH)-C 7:30 Movie (Concierge)-C</p>	<p>21 SPECIAL EVENT: PURIM CELEBRATION TRIP 10:15 Gourmet Cooking Class (JF)-C 10:15 Great Courses (JF)-L 11:00 Exercise Class (Gloria)-SR 11:15 Community Service Club (DK)-C 2:30 Purim Celebration (DK)-SR Hamantashen, noise makers and a brief retelling of the Book of Esther. Entertainment by Morton Hertz, Vocals and Guitar. 3:30 TRIP: CVS (JF)-FD 3:45 Holy Rosary (DK)-RR 4:00 Health and Wellness (Gloria and DK)-L 7:30 Movie (Concierge)-C</p> 	<p>22 10:15 Coffee and Conversation (JF)-C 10:15 Science Series (JF)-CR 11:00 Fitness for Life (Jerome)-SR 11:15 Reminiscing Group (JF)-C 2:00 Matinee Movie (JF)-CR 2:15 Poker (Anita)-L 2:15 Current Events (JF)-C 3:45 Shabbat Service (Cantor Alcott)-SR 3:45 Stations of the Cross (JF) - PDR 4:00 New York Times Crossword Puzzle (JF)-C 7:30 Movie (Concierge)-C</p>	<p>23 10:00 Music Together (Jean)-CR 10:15 Coffee and Conversation (JF)-C 11:15 A Mixed Bag of Trivia (JF)-C 11:15 Science Series (JF)-CR 2:15 New York Times Crossword Puzzle (JF)-C 2:15 Music Appreciation (JF)-RR 3:30 Great Courses (DK)-C 3:30 Happy Hour (JF)-SR 3:45 BINGO (JF)-SR 7:30 Movie (Concierge)-C</p>
<p>24 10:15 Catholic Mass (Televised)-CR 10:15 Trivial Pursuit (DK)-L 11:00 Tai Chi (Arnold)-SR 2:15 Ice Cream Social (DK)-C 2:15 Fitness for Life (Victoria)-SR 2:15 Trivial Pursuit (DK)-L 3:30 Concert: Libby Richmond (DK)-SR Saxophone. Jazz and popular music. 7:30 Movie (Concierge)-C</p> <p>CONCERT</p>	<p>25 10:15 Coffee and Conversation (DK)-C 10:15 History Series (DK)-CR 11:15 Tai Chi (Arnold)-SR 11:15 Travel Series (DK)-C 2:15 Poker (Anita)-L 2:15 iPad Academy (DK)-Library 2:15 Current Events (Maggie)-C 3:15 Riddles and Laughter (DK)-C 3:15 Famous Artists Series (DK)-CR 4:00 Fitness for Life (Jerome)-SR 7:30 Movie (Concierge)-C</p>	<p>26 10:15 Catholic Mass (Father Ferdinand)-L 10:15 Sing Along (SH)-LR 11:00 Exercise (Gloria)-SR 11:15 Travel Talk (DK)-C 2:15 United States Presidential Trivia (Albert)-L 2:15 Music Appreciation (DK)-RR 3:30 Women's Club (JF)-CR 3:30 The New York Times Science Times (DK)-C 4:00 TED Talks (DK)-CR 7:30 Movie (Concierge)-C</p>	<p>27 RESIDENT COUNCIL MEETING 10:15 Current Events (JF)-C 10:15 Music Appreciation (DK)-RR 11:15 Tai Chi (Arnold)-L 11:15 New York Times Spelling Bee (DK)-C 2:30 Resident Council Meeting (Gloria, Resident Council President)-SR 3:30 Men's Club (JF)-PDR 3:30 Book Club (DK)-CR 4:00 TED Talks (DK)-CR 7:30 Movie (Concierge)-L</p>	<p>28 TRIP 9:00-3:00 Fashion on the GO (Shakiba)-CA 10:15 Trivia: Broadway Showtunes (DK)-LR 10:30 TRIP: Westchester Broadway Theater (JF)-FD Newsies 11:00 Exercise Class (Gloria)-SR 11:15 Musical Morning (SH)-SR 2:15 Current Events (Maggie)-CR 2:15 National Public Radio Selected Short Stories (DK)-RR 3:30 Trivial Pursuit (DK)-C 3:30 TRIP: CVS (DK)-FD 3:45 Holy Rosary (DK)-L 7:30 Movie (Concierge)-C</p>	<p>29 10:15 Coffee and Conversation (JF)-C 10:15 Science Series (JF)-CR 11:00 Fitness for Life (Jerome)-SR 11:15 Reminiscing Group (JF)-C 2:00 Matinee Movie (JF)-CR 2:15 Poker (Anita)-L 2:15 Current Events (JF)-C 3:45 Shabbat Service (Cantor Alcott)-SR 3:45 Stations of the Cross (JF) - PDR 4:00 New York Times Crossword Puzzle (JF)-C 7:30 Movie (Concierge)-C</p>	<p>30 10:00 Music Together (Jean)-CR 10:15 Coffee and Conversation (JF)-C 11:15 A Mixed Bag of Trivia (JF)-C 11:15 Science Series (JF)-CR 2:15 New York Times Crossword Puzzle (JF)-C 2:15 Music Appreciation (JF)-RR 3:30 Great Courses (DK)-C 3:30 Happy Hour (JF)-SR 3:45 BINGO (JF)-SR 7:30 Movie (Concierge)-C</p>
<p>31 10:15 Catholic Mass (Televised)-CR 10:15 Trivial Pursuit (DK)-L 11:00 Tai Chi (Arnold)-SR 2:15 Ice Cream Social (DK)-C 2:15 Fitness for Life (Victoria)-SR 2:15 Resident Ambassador Meeting (Willow Towers Resident Ambassadors and DK)-L 3:30 Concert: Irwin Finger (DK)-SR Guitar and Vocals. Calypso and folk music. 7:30 Movie (Concierge)-C</p> <p>CONCERT</p>						